

## Why choose the Retire Alberta Plan?

- ✓ **No medical questions**  
As long as you apply within 60 days of retirement or loss of similar coverage.
- ✓ **Services billed directly to GMS**  
Save on out-of-pocket expenses when you use a GMS pay-direct card at a pharmacy, dentist, chiropractor, massage therapist, and more.
- ✓ **Travel coverage**  
\$2 million of emergency medical coverage for up to 60 days per trip.

## Can I join the plan?

To enrol in the plan, you must be:

- a Canadian resident;
- covered by a provincial or territorial health insurance plan; and
- retired from employment with an Alberta Police, Fire or EMS department or the Province of Alberta or Alberta Public Service. See [www.retirealberta.com](http://www.retirealberta.com) for a full list of eligible unions and pension plans.

A plan enrolment form can be found on [www.retirealberta.com](http://www.retirealberta.com).

## Health & Travel Coverage at a Glance (see the benefits booklet on the Retire Alberta website for a full list of benefits)

Benefit	Coverage	Maximum	Notes
Drugs	80%	\$1,500/person/policy year	
Glasses, Contacts & Laser Eye Surgery	100%	\$300/person/2 years	Glasses and contacts require a written prescription from a physician or optometrist.
Health Practitioners	100%	<ul style="list-style-type: none"> <li>• \$400/specialty/person/policy year to a max of</li> <li>- \$75/visit: naturopath, psychologist</li> <li>- \$60/visit: acupuncturist, chiropractor, massage therapist, speech therapist, physiotherapist, osteopath, chiropractist or podiatrist</li> </ul>	
Diabetic Supplies & Equipment	100%	\$300/person/policy year	Physician-written authorization required.
Hearing Aids	100%	\$500/person/3 policy years	Covered, when fitted by an audiologist.
Oxygen Equipment	100%	\$500/person/policy year	<ul style="list-style-type: none"> <li>• One-time physician written authorization required</li> <li>• Includes coverage for CPAP machines</li> </ul>
Emergency Travel	100%	\$2 million/person/policy year	Maximum 60 days/trip for expenses in the event of an unexpected medical emergency outside of your province of residence or outside of Canada.

## Dental Coverage (only available with Health & Travel Coverage.)

Procedure	Coverage	Maximum
Basic & Preventative	80%	Combined maximum of \$1,250/person/policy year
Major	50%	

Find out more about the Retire Alberta Benefit plan on [www.retirealberta.com](http://www.retirealberta.com) or contact:

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## Monthly Rates

Coverage Type	Rate	
	Under 65	65+
Single	\$132.23	\$124.06
Couple	\$250.30	\$233.68
Family	\$386.79	\$362.00

Premium rates effective February 1, 2022  
Plans and rates will renew on January 1st each year starting 2023.